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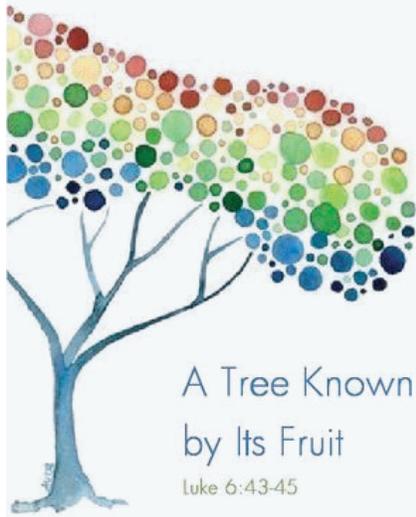
Holy Martyrs of Japan Parish

P.O. Box 1180, 167 Essa Street, Bradford, Ont. L3Z 2B6

Telephone 905-775-2065 Fax 905-775-9241 Parish subscription with Formed.org

Email: holymartyrs of japan@archtoronto.org website: holymartyrs of japan.archtoronto.org

Parish Office Hours—Monday to Friday—9:30am to 12:30pm and 1:00pm to 4:30pm



SUNDAY MASSES

Saturday Vigil: 5:00pm

Sunday: 8:00am, 10:00am, 12:00pm & 6:30pm

WEEKDAY MASSES

Mondays, Wednesdays & Fridays 7:00pm

Tuesdays, Thursdays & Saturdays 9:00am

CONFESSIONS

Saturday: 8:00am to 8:45am and 3:30pm to 4:30pm
or by appointment.

BAPTISMS

Please contact Father John at jpak@archtoronto.org

MARRIAGE

Please contact Father John at jpak@archtoronto.org

HOLY COMMUNION for SHUT-INS and SICK

If you know of anyone who is sick and would like to have communion brought to them or would like the Sacrament of the Sick, or simply would like to be included in the Prayers of the Faithful, contact us.

CATHOLIC SCHOOLS

Holy Trinity High School—905-775-4841

St. Marie of the Incarnation—905-775-3492

St. Teresa of Calcutta—905-778-8653

St. Charles—905-775-6762

St. Jean de Brebeuf—905-775-8460

St. Angela Merici—289-231-2085

Pastor: Father John Pak jpak@archtoronto.org

Associate Pastor: Father Massillamani Zacharias

Deacons: Deacon David Langley
Deacon Pedro Guevara-Mann



St. Paul Miki and Companions—Pray for Us!

OFFICE STAFF

Office Manager:

Delia McEvenue

Office Assistant:

Anna Maria Mongillo

Custodian/Maintenance:

Anthony Venroy

MINISTERS

Youth Minister:

Ray Reitzel Email: reitzel@hotmail.com

PARISH MINISTRIES and SOCIETIES

Alpha

Consolation and Hope

CWL (Catholic Women's League)

EDGE Youth Ministry

LifeTeen Youth Ministry

El Sembrador - Ministry to Migrant Workers

Knights of Columbus

Liturgical Ministers

RCIA (Rite of Christian Initiation of Adults)

Sacramental Preparation & Catechesis

Seniors Outreach

St. Vincent de Paul Society

Divino Espirito Santo

Nossa Senhora De Fatima

Santissima Trindade

NEW PARISHIONERS: WELCOME !

We are delighted to have you join our parish family; we invite you to register by completing the form in the parish foyer or at the parish office. Offering envelopes available by request.

WEEKLY MASS INTENTIONS

MONDAY, February 28, 7:00PM

+Antonio Mirassol & All Deceased Family Members
+Deolinda Oliveira +Victor Da Silva

TUESDAY, March 1, 9:00AM

+Euclides Pinho

WEDNESDAY, March 2, 9:00AM & 7:00PM

Ash Wednesday

THURSDAY, March 3, 9:00AM

+Antonio Pinto

FRIDAY, March 4, 7:00pm

+Samantha Diogo

SATURDAY, March 5, 9:00AM

+ProPopulo

SATURDAY, March 5, 5:00PM

+Maria & Eugenio Arruda +Olimpia Sousa &
Vittorino Nazario +Maria Sousa & Antonio
Santana +All Deceased Members of Santana &
Nazario Families +Ernesto Correia +Rosa
Oliveira +Stefan Hrin +Antonio Janeiro +Maria
Viegos +Manuel & Maria Conceicao Moniz
+Carlos Marques & Grandparents *Special
Intention in Thanksgiving

SUNDAY, March 6, 8:00AM

+Antonio Gabriel Pinto

SUNDAY, March 6, 10:00AM

+ProPopulo

SUNDAY, March 6, 12:00PM

+Salvatore Tassone

SUNDAY, March 6, 6:30PM

+ProPopulo



IN PREPARATION FOR THE SEASON OF LENT

WHAT IS LENT?

Lent is a time of prayer and penance, when Christ wants to lead us back to our baptismal promises of dying to sin and of living for God.

WHAT IS LENT?

Lent begins on Ash Wednesday and continues until the afternoon of Holy Thursday. It runs for about 40 days.

Why 40 days? The "40 days" (not including Sundays) of fasting, prayer, and penance before Easter reflects Jesus' 40 days in the wilderness.

WHAT SHOULD WE DO DURING LENT?

1. Turn away from our sins and turn back to God.

Detach from habits and tendencies that are contrary to God's will. Lent is a time of conversion.

2. Open our hearts to our Father, so that we may live with Christ for God. Jesus is calling us to be people of praise and prayer and living signs of his love for all. Let us all answer the call.

REFLECTION

This must be our goal. "A good tree does not bear rotten fruit". Jesus is teaching us the supernatural effect of living a holy life. When we live a life grounded in Christ, the effect will be that good fruit is born from our lives. This is an important spiritual principle to understand.

Hopefully, we all want to live good lives. We all want to make a difference in our world and in the lives of others for the good. But the fundamental question to ask is how do we do this? The answer is that it's not so much a matter of choosing the good actions we do; rather, on a more basic and fundamental level, we must choose to live a life grounded in Christ, thus becoming a "good tree".

If you want to bear good fruit and make a holy and positive difference in the world, then you need to do one primary thing. Work at becoming holy. To use the image that Jesus gives, see yourself as a tree that is planted in the ground. See your roots stretching far and wide. See yourself being nourished and basked in the Sun. And see yourself growing and flourishing.

This is the life of grace, and the effect is that good fruit automatically comes forth. The life of grace is accomplished by focusing upon your own health and spiritual well-being. You become this "good tree" by doing the basics well. First, pray, pray well, and pray hard. Let your life be centered in prayer. Second, learn your faith. Listen to the Gospels, learn all that God has revealed through the Church, read the teachings of the saints, and learn from other holy people. Third, live a good sacramental life. Go to Mass, celebrate the Sacrament of Reconciliation, understand the grace of your Baptism, Confirmation, Marriage, Ordination etc. Know that the Sacraments nourish you in powerful ways and embrace that nourishment with your whole heart. Reflect today, upon the important mission you have been given to go forth and to bear an abundance of good fruit in our world. This mission can be accomplished only as a result of a life of holiness. This holiness is only accomplished when your roots are firmly grounded in the life of grace. Embrace this life of grace through the many means that God has set before you and know that the commitment you make to holiness will bring health not only to your own soul, but to the souls of those whom God will touch through you.

Lord, I love You and I give my life to You. I pray that I may be planted in the fertile soil of Your abundant love and mercy. Help me to be nourished by the life of grace You have lavished upon me and, as I grow in holiness, bring forth an abundance of good fruit in my life. Jesus, I trust in You.

Catholic News Agency 2021

LENTEN PREPARATION



SHROVE TUESDAY
Tuesday March 1, 2022



ASH WEDNESDAY
Wednesday March 2, 2022

Mass and the distribution of ashes will be at
9:00am and 7:00pm.

Fast and Abstain

All Catholics are required to fast (ages 18-59) and abstain from meat (14 and up) on Ash Wednesday and Good Friday, except those who are pregnant, nursing, or suffering from an illness. We strongly encourage to abstain from meat every Friday in Lent.



STATIONS OF THE CROSS

Join us EVERY FRIDAY during the season of Lent for the Stations of the Cross at 7:30pm. Come Journey with Christ and prepare yourself for the Triduum.

MONTHLY REQUIEM MASS AT HOLY MARTYRS OF JAPAN CEMETERY

During the winter months, please join us in a Mass celebration at the Church for the faithful departed, on the first Friday of every month at 11:00am. Mass intentions can be booked through the parish office.



FIRST FRIDAY ADORATION

Friday March 4, 2022, at 6:00pm

Attendance for all weekend Mass celebrations must be registered via Eventbrite. Please visit our website to register. holymartyrssofjapan.archtoronto.org

Weekday Masses are still walk in. However, due to the new health regulations in Simcoe Muskoka, visitors will be asked for their information and a series of health questions upon entry.

ADORATION CHAPEL

Adoration Chapel open for prayer, Monday-Friday from 9:30am-4:30pm.

SACRAMENTS

BAPTISMS

For parents wishing to baptize their child, please contact the parish office via email with your request and we will forward you a baptismal package. Please complete the required documents and email them back to the parish office. Upon receipt of your email a clergy member will be in touch with you to discuss details, covid protocols, and to confirm a date.

FIRST COMMUNION & CONFIRMATION:

Thank you to all who have registered wishing to receive the sacrament of First Communion and Confirmation scheduled for Spring of 2022.

After many months of reminders, bulletin announcements, and school communications regarding the sacramental registration for 2022 celebrations, the registration process for the sacraments, is now closed and we are now able to move into the next stage of our planning process; Sacramental preparation and mapping out the number of Masses required to be able to safely accommodate all those who registered, based on the numbers. We ask for your patience and understanding during this time as it is an arduous task of planning with many layers.

Information on preparation, and the dates of the sacraments will be given out sometime after February, taking into account the number of registrants and Covid restrictions.

Please continue to attend Mass in preparation for the Sacrament and visit our website and bulletin for further updates and communications.

CONFESSIONS: In light of the current Covid numbers Confessions will be heard by appointment only. Please contact the parish office for further information.

FUNERALS: Please contact the parish office at 905 775 2065

PLEASE NOTE: THE PARISH OFFICE IS OPEN BY APPOINTMENT ONLY

TO REQUEST A MASS INTENTION: If you are interested in booking a Mass Intention, please contact the parish office at 905 775 2065

We need to find God, and he cannot be found in noise and restlessness. God is the friend of silence
– St. Teresa of Kolkata

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